

Holistic Health - Price List

Our services include complimentary use of sauna, steam room, spa & guest lounge area. We recommend use before you treatment to relax & warm up muscles and after treatment to do similar...

MASSAGE

Relaxation, Remedial, Deep Tissue, Sports, Shiatsu, Lymphatic, Reflexology
Tailored To Your Need

'Includes your choice of aromatherapy balm blend'

30mins - \$65
45mins - \$80
1 hour - \$88
1.5 hours \$135
2 hours \$160

TRADITIONAL THAI MASSAGE

1 hour \$88
1.5 hours \$135

AROMATHERAPY FACIAL & MASSAGE

Facial Only
30 mins \$65
1 hour \$110
Facial & Massage
1 hour \$125
1.5 hours \$155

AROMATHERAPY SALT GLOW BODY SCRUB & MASSAGE

1 hour \$125
1.5 hours including head & foot massage \$155

DEAD SEA MUD TREATMENTS

Self Application \$75
Full Body Mud Wrap
1 hour \$125
1.5 hours including head & foot massage \$155

DAY SPA PACKAGES

BLISSFUL DAYDREAM

A five hour luxurious package including an hour lunch served to you.
We suggest you allow six-hours for this treatment including complimentary use of our Steam, Sauna & Spa rooms \$595

AROMATHERAPY ESCAPE

1.5 hour Body Scrub with Massage & Facial \$185

MENS' DAY SPA

1.5 hours Deep Tissue Massage, Body Scrub & Aromatherapy Spa \$195

PURE INDULGENCE

1.5 hours Full Body Dead Sea Mud Wrap with Body Scrub and Aromatherapy Facial \$265

DELUXE DAY SPA

2 Hours Aroma Therapy Massage & Scrub with Full Body Mud Wrap & Aroma Therapy Facial \$295

KAHUNA HOT STONE MASSAGE

Relax, and let the warmth and soothing strokes of the Kahuna Stone Massage take you to another dimension. Based on the famous Lomi Lomi Hawaiian technique 1 hour \$110.00

1 and half hours \$140.00

STEAM SAUNA & SPAS (complimentary with any Massage/Day Spa treatment)

Each visit individually \$40

10xvisit Prepaid \$250

COLON HYDROTHERAPY

Initial Consultation \$35

1 hour Treatment \$75

GIFT VOUCHERS ARE AVAILABLE FOR ALL OUR SERVICES DOUBLE ROOM AVAILABLE AT NO EXTRA CHARGE

10% DISCOUNT applies for a course of 5 or more treatments/packages

Health Fund Rebates, Corporate, Student & Seniors discounts may apply